



Guilford County Family Justice Center

One Safe Place: Many Partners, United Mission

Contact Us:

336-641-SAFE (7233)

201 S. Greene St.
Greensboro, NC

505 E. Green Dr.
High Point, NC

Family Service of the Piedmont 24/7
Crisis Hotline 336-273-7273

OUR ONSITE PARTNERS



10

WAYS

YOU CAN

HELP A VICTIM OF DOMESTIC VIOLENCE

1

Listen to what they are saying.

2

Believe them.

3

Tell them that they are courageous for sharing.

4

Reassure them that the abuse is not their fault.

5

Don't assume they will end the relationship and do not "insist" or pressure them to do so.

6

Let them make their own decisions.

7

Ask them what type of support would be helpful.

8

Don't bad mouth the abuser to them, in public or online.

9

Encourage them to speak with a professional.

10

Tell them they are not alone, help is available.