Asthma
Emergency Care Plan for School/Field Trips
Must be Reviewed Every Year

Name of Student ____________________________________________ School __________

Teacher/Grade ____________________________________________ Date __________

Dear Parent:
We understand that your child has asthma. Please complete this form and return it to school as soon as possible.
If your child needs medication at school, we must have a completed medication authorization form. It is your responsibility to inform after school staff regarding your child’s medical needs.

________________________________________________________________________

School Nurse Phone

Parent to Complete:

Asthma Triggers (Circle asthma triggers):
Allergies, exercise, infection, changes in temperature, fragrances, smoke

What you may see/hear (Circle warning signs):
Wheezing (high pitched noise with breathing), excessive coughing, difficulty breathing, “tight chest” feeling and/or struggling to breathe

_____ Student has an inhaler. (Medication Authorization required even if student self-carries medication.)
_____ Student does not have an inhaler.
_____ Student no longer requires medical intervention/medication for asthma.

School to Complete:

Interventions:
• Keep student calm and resting in a comfortable position. Do not leave student alone.
• Administer inhaler if available at school. Location____________________
• Offer sips of water, caffeinated coffee, tea or soda, preferably at room temperature.
• If symptoms continue, notify parent and call first responders.
• If student is unable to speak, anxious, lips are blue or inhaler has not helped, call first responders and 911.

The school nurse may communicate with the student's health care provider(s):
Dr.______________________________ Phone ______________________

Parent/Guardian Signature ___________________________ Date __________

Teachers are responsible for establishing a means of notifying all others who may assume responsibility for this student (teacher assistants, substitute teachers, specialty teachers), that this plan exists.

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